

# SAINT LOUIS CRISIS NURSERY FY 2023

## ■ IMPACT and ■ GRATITUDE ■ Report



Saving Babies' Lives, Keeping Kids Safe, Building Strong Families

# SAINT LOUIS CRISIS NURSERY

## Letter from Our CEO

In 37 years of serving the region, we have kept over 134,000 children and babies safe from abuse and neglect. Over 99% of all children involved with the Crisis Nursery remain safely with their families with no substantiated reports of abuse or neglect and free from foster care placement. Additionally, every service the Crisis Nursery's clinically-trained, trauma-informed staff offers is both free and voluntary, built on trust and respect for what caregivers are going through.




As you review our FY 2023 Report, you will see that the future is bright—but only if we find the will to keep investing in preventing childhood trauma, supporting families and helping them stay together, and building stronger, more vibrant communities at the grassroots level where no child is punished for being born into poverty.

Thank you for all that YOU do to help us

**SAVE BABIES LIVES, KEEP KIDS SAFE, and BUILD STRONG FAMILIES**



In Love and Gratitude,

  
DiAnne Mueller, MS, LPC  
Chief Executive Officer

**In FY 2023:**

**99%**

of children did NOT experience abuse and remained with their family.

### Mission

The SAINT LOUIS CRISIS NURSERY is committed to the prevention of child abuse and neglect and provides trauma-informed emergency intervention, 24-hour respite care, and support to families in crisis through:

- **Short-term care** for young children in a safe and nurturing environment
- **Empowering families** to resolve crises and build resiliency through culturally responsive interventions
- **Equitable access** to concrete support, crisis counseling, and parenting education
- **Grassroots community outreach** and training to build child abuse prevention awareness
- **Advocacy** for the safety and wellbeing of all children and families in our region



**24/7/365 Child Abuse Prevention and Crisis Intervention for 37 years.**

# 24-Hour Helpline

7 Days A Week/365 Days a Year, answered by a trained professional.

# 3,553

Parents received immediate access to crisis intervention and solution-focused, trauma-informed counseling.

## PRIMARY REASON PARENTS CALL THE HELPLINE:

Overwhelming Parental Stress	62%
Health/Mental Health Crisis	16%
Housing Crisis	13%
Utility/Food Crisis	4%
Domestic Violence	3%
Legal Crisis	2%



## Our Families and Children:

95% below  
poverty  
level

88% are  
single parent  
households

75% of  
children are  
under age six

71% of families  
need essentials  
*(food, diapers formula)*

37% are homeless  
or have been in  
the past year

46% cite home or  
community safety  
concerns

*"You all gave your all to provide for my family and comforted my children while I got myself together"*

*Mom with 6-month old, 3-year old and 5-year old*



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# Crisis Care of Children



Protecting children 24/7, early identification of health and developmental concerns, building resiliency and increasing coping skills.

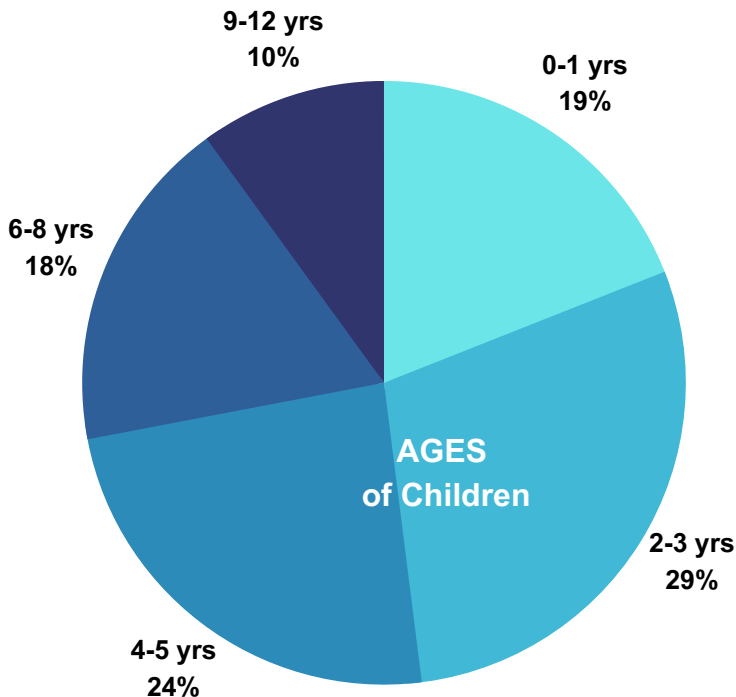
**3,855**

Children provided emergency care when their parents experienced a crisis.



**198,018**  
hours of Crisis  
Care provided

**95% of parents  
reduced their  
stress level**



**1,530**  
sessions of  
Art & Play  
Therapy  
provided

**95% of kids  
gained  
coping  
skills**

“  
"I'm so glad I found the Nursery. These are the only people and the only place I trust with my kids"  
Mom with 3-year old and 5-year old  
”

# Family Empowerment Program



11 Empowerment Centers provide individualized trauma-informed interventions to help families move beyond crisis into stability, including Case Management, Parenting Groups, Emergency Funding, and Crisis Mental Health Counseling.

## 1,960

Parents received trauma-informed interventions to increase stability

**98% of Parents increased their Protective Factors**

**60 Parent Education Groups**

**95% of parents participating in Crisis Intervention or Family Stabilization sessions reduced their stress level**

**177 Canvassing and Outreach events**

**5,585 Home and Community-Based Counseling Sessions**



# “

Jamie's finances took a hit when all three of her children were sick with fevers last month, and she was forced to take time off from her hourly job. She tried her best to keep up with her expenses, but still fell behind on her electric bill. The forecast showed a heat wave approaching, and Jamie's electricity had just been shut off. Jamie started to panic about the safety of her children. She didn't know who to turn to for help. Then, she remembered she could call the Saint Louis Crisis Nursery.

While her children enjoyed a happy and cool few days in the safety of the Nursery, Jamie met with a Family Empowerment Counselor, who was able to secure Crisis Nursery Emergency Funds to get her electricity reconnected.

**When families have nowhere else to turn, the Crisis Nursery is here!**

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# Latinx Outreach Program

Empowering families through culturally responsive programming entirely in Spanish

**540** Latinx Families received trauma-informed interventions to increase stability

1,295 Crisis Intervention & Family Stabilization sessions

98% gained new Protective Factors

116 were newly arrived families from Central and South America, with the majority from Columbia

100% were able to get preventative medical care for their children

95% experienced reduced stress levels

100% Of clients receiving longer-term case management services reported an increased comfort level in advocating for their family's needs

14 Latinx Parent Education Groups engaged 245 Parents

100% of Crisis Nursery Latinx children remained with their families, free from abuse or neglect



The Crisis Nursery's Latinx Outreach Team had a great day celebrating our Latinx Moms who enjoyed shopping in the Boutique, manicures, makeovers and delicious food! (Pictured above: Latinx Outreach and Family Empowerment program staff.)



"You were here in our darkest hour and gave me hope that things would get better."

*Latinx Mom with twin toddlers*



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# Responding to the Need



**The Need:** 1 in 6 children in the Greater St. Louis area lives without consistent access to food.

- The Response:**
- 2,300 Emergency Food Bags were provided to Families
  - 50,000 meals and infant feedings were provided to Nursery Children

**The Need:** 35 children a day are reported as abused or neglected in the Greater St. Louis region.

- The Response:**
- 198,000 hours of Crisis Care were provided in FY 2023 - a 25% increase
  - 99% of children provided Crisis Care did not have a child abuse/neglect report or an out-of-home placement



## Art & Play Therapy in the Community:

In response to a growing need in St. Charles County for trauma-informed mental health services for children, the Crisis Nursery expanded Art & Play Therapy services into the community at four Day Care Centers.

- 42 children received Therapy sessions
- 308 therapy sessions were provided with children at the Day Care Centers
- 29 early childhood professionals were provided training on Art & Play Trauma-Informed Therapy interventions



A house for my family. Two suns to keep the house warm, so it's not so cold that you have to wear a jacket inside.

11 years old

95% of children gained new coping skills to increase resilience

100% of parents/teachers reported that students benefitted from participation

97% of children achieved treatment plan goals

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# FY 2023 Accomplishments

## HOW OUR STAFF DESCRIBES OUR CULTURE:



**Saint Louis Crisis Nursery is a 2023 Top Workplace!**



**Independent Study shows Crisis Nursery PREVENTION Programs WORK!**

In FY23 the SLCN was proud to partner with St. Louis University for an outside evaluation of our Respite program's impact on parents' stress levels. Results showed that participation in respite care significantly reduced parental stress not only related to parenting, but across 19 different domains that included housing, safety, employment, and other relationships!

**Using Saint Louis Crisis Nursery respite care during times of crisis has a positive ripple effect across their lives!**

**Connecting with the Community**



**Facebook:** 14,043 followers  
(110,000 reached in last 90 days)

**Email subscribers:** 12,804

**Instagram:** 2,314 followers

## **William F. Siedhoff Family Empowerment Center Opened!**

In recognition of his long-time and ongoing support for the children and families of St. Louis, the Saint Louis Crisis Nursery renamed its North City Outreach Center the **"William F. Siedhoff Family Empowerment Center."**

**750 St. Louis City Parents receive crisis counseling and case management annually**



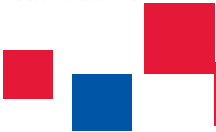
Urban League CEO **Mike McMillan**, Representative **Donna Baringer**, Former Mayor **Francis Slay**, **Bill Siedhoff**, Senator **Brian Williams**, and Board President **Keith Jackson**.



CEO **DiAnne Mueller** celebrates Advisory Board Chair **Bill Siedhoff**.



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# FY 2023 FINANCIALS

July 1, 2022 - June 30, 2023



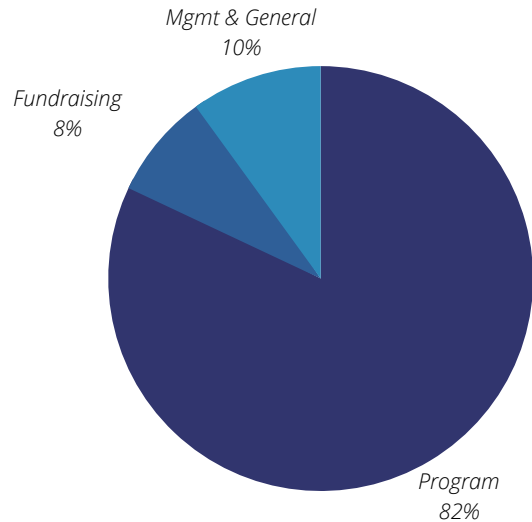
## REVENUE

Contributions:	40%	\$2,431,582
Program Service:	36%	\$2,198,853
Special Events	16%	\$ 987,798
In-Kind/Other:	2%	\$ 144,769
Investments:	5%	\$ 299,267
<b>TOTAL</b>		<b>\$6,062,269</b>

## EXPENSES

Personnel Expenses:	80%	\$4,495,262
Client Assistance:	4%	\$ 228,248
Other Expenses:	10%	\$ 545,074
Occupancy:	6%	\$ 358,614
<b>TOTAL</b>		<b>\$5,627,198</b>

## FUNCTIONAL EXPENSES



Food costs for the Crisis Nursery increased 126%

693 families received emergency assistance to prevent eviction or utility disconnect

The Razzle Dazzle Ball raised more than \$500,000!

**18,893** Children and parents were impacted by Crisis Nursery Programs.

## LEAVE A LEGACY

The Crisis Nursery is a National Leader in preventing child abuse and neglect because we have always kept one eye squarely fixed on the future.

You can make an important difference in the lives of kids and families and **Be a Lifeline** for future generations. Please call DiAnne at 314-292-5770 to Leave your Legacy.



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# THANK YOU TO OUR MAJOR FUNDERS



## Vision

The Saint Louis Crisis Nursery envisions a world where all children thrive in a safe, stable, and nurturing home.

## VOLUNTEERS MAKE A DIFFERENCE



19,676

Volunteer hours dedicated to working directly to support children and families

\$314,816

Equivalent Value of Volunteer time donated

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# Crisis Nursery Impact Stories

Bri stared at the empty cupboard, feeling paralyzed. After paying her rent this month, she had barely any money left over for food. With another week before her next paycheck, Bri had no idea how she would feed her three children until then. As she stewed over her options, Bri remembered the Crisis Nursery. She called immediately and explained her concerns to the Nursery staff, who met her worry with empathy and a plan! Later that day, Bri headed to the Nursery to receive food bags for her family and a list of nearby food pantries. She was grateful to know her children would be safe and fed.



Jessica was having thoughts that scared her. She had been on medication for depression before but stopped when she became pregnant. Now, Jessica was trying her best to care for herself, her 3-week-old, and her toddler, but for the past few days, she could not stop crying and she couldn't stop thinking about harming herself. She called a Helpline that advised her to go to the Hospital ER, but Jessica didn't have a safe place to take her children. Then she remembered the Saint Louis Crisis Nursery, and with the Helpline Social Worker, Jessica called the Nursery. Today, her children are safe and happy at the Nursery, while Jessica receives the support she needs for her family to thrive!

Alexis had just given birth to her second child. She was sitting alone in the hospital with her newborn, Mariah, when her Family Empowerment Counselor walked in with a large basket of gifts. The FEP counselor sat with Alexis and listened as Alexis shared Mariah's birth story, cried that no one had come to visit her, and shared her fears about post-partum depression, which Alexis experienced in the past. Alexis counselor was the first and only person to visit her in the hospital. After their visit, Alexis felt confident that she could handle the difficult job of raising children on her own. No matter how difficult parenting might be, Alexis knew she was not alone. She had the support of the Crisis Nursery.



## Values



**Integrity:** We fulfill our mission with transparency, responsibility, and accountability

**Excellence:** We encourage individuals to reach their full potential, and we celebrate achievement

**Equity:** We are committed to equitable programs that are informed by client and community voices

**Diversity:** We engage diverse communities to identify and close gaps in services

**Collaboration:** We believe working together achieves the greatest results for positive impact

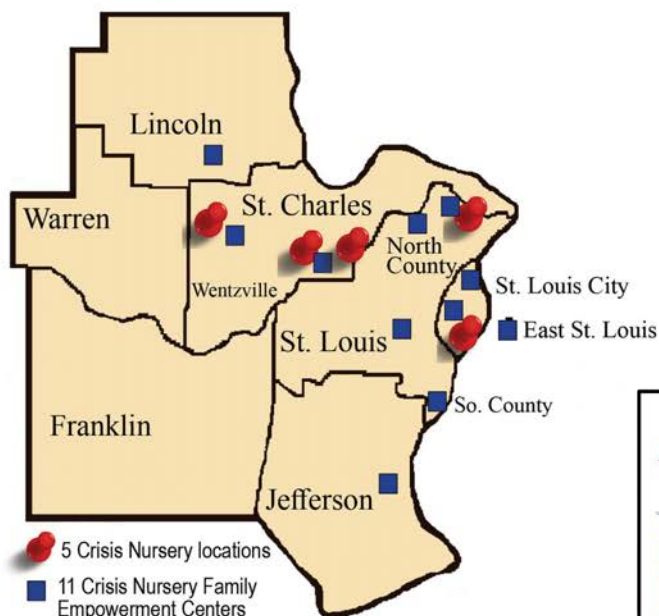
**Respect:** We treat all people with dignity and respect

**Competency:** We maintain high ethical and quality standards in our service to the community

**Stewardship:** We honor individual and community investment by ensuring fiscal sustainability

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# SAINT LOUIS CRISIS NURSERY LOCATIONS



Crisis Nursery St. Charles



Crisis Nursery West



Crisis Nursery Wentzville



Crisis Nursery North



Crisis Nursery Centene

## CRISIS NURSERY LOCATIONS:

<b>Crisis Nursery Centene Center</b>	1928 Gravois St. Louis, MO 63104	(314) 768-3201
<b>Crisis Nursery North</b>	11037 Breezy Point Ln. St. Louis, MO 63136	(314) 953-8030
<b>Crisis Nursery St. Charles</b>	315 First Capitol Dr. St. Charles, MO 63301	(636) 947-0600
<b>Crisis Nursery West</b>	330 S. Fourth St., St. Charles, MO 63301	(636) 940-2504
<b>Crisis Nursery Wentzville</b>	700 Medical Dr. Wentzville, MO 63385	(636) 887-3070

## FAMILY EMPOWERMENT CENTERS:

<b>North St. Louis City</b>	2433 N. Grand St. Louis, MO 63106	(314) 533-6900
<b>Central St. Louis County</b>	6420 Clayton Road St. Louis, MO 63117	(314) 629-1737
<b>College Hill</b>	4335 Warne Avenue St. Louis, MO 63107	(314) 552-1304
<b>East St. Louis, IL</b>	540 N. 6th Street East St. Louis IL 62201	(314) 533-6902
<b>Ferguson</b>	1425 Stein Road Ferguson, MO 63135	(314) 686-1537
<b>Jefferson County</b>	1400 Highway 61 South Festus, MO 63019	(314) 374-1700
<b>North St. Louis County</b>	11155 Dunn Rd, Ste 201E St. Louis, MO 63136	(314) 653-1177
<b>South St. Louis County</b>	10010 Kennerly Rd. St. Louis MO 63128	(314) 229-1005
<b>St. Charles</b>	328 S. Fourth St., St. Charles, MO 63301	(636) 940-0742
<b>Wentzville</b>	#9 Love Lane Wentzville, MO 63385	(314) 229-1834
<b>Lincoln County</b>	1004 E. Cherry Street, Troy MO 63379	(314) 229-1834

## Regional Administrative Offices:

11710 Administration Dr., Suite 18, St. Louis, MO 63146 (314) 292-5770